



**GET  
PLUGGED IN** ---->

**THE ROCK CHURCH  
SMALL GROUP  
DIRECTORY**

**WINTER 2012**

## **WE NEED TO GET SMALLER . . .**

Now how many churches have you ever heard say that? Most church leaders would fall over dead before even thinking such a thing! But in reality, it's really true. As our church continues to grow, it becomes easier and easier to drift away from close community — and each other — threatening to fracture our fellowship and unity. We understand that's "just the way it goes" in the fast-paced, privatized lives that we live.

But we're not going to let that happen.

The remedy can be found in small groups. At The Rock, we consider small groups to be the heart-beat of our church, and we've intentionally built these groups around the idea that everyone is different. We all have varying interests, hobbies, desires, etc., so the same is true with the topics of our small groups. You'll also find small groups that conduct Bible studies or promote accountability, requiring us to dig deep for divine direction. It's all up to you what you choose to pursue.

But make a choice!

As God continues to build our church, invest some time and energy in your own building block. Each of us can make a contribution to a small group which then makes a bigger contribution to the greater whole of our church. Men and women, singles and families, learning together, growing together, united together, sharing joys and trials together, supporting each other together, serving Christ together — all for the purpose of making Him known.

Let's do that — together.

<b>GROUPS THAT MEET ON SUNDAY</b> .....	page 3
<b>GROUPS THAT MEET ON MONDAY</b> .....	page 5
<b>GROUPS THAT MEET ON TUESDAY</b> .....	page 6
<b>GROUPS THAT MEET ON WEDNESDAY</b> .....	page 7
<b>GROUPS THAT MEET ON THURSDAY</b> .....	page 8
<b>GROUPS THAT MEET ON FRIDAY</b> .....	page 9
<b>GROUPS THAT MEET ON SATURDAY</b> .....	page 10

---

**GROUPS THAT MEET ON  
SUNDAY**

---

**BAND OF BROTHERS**

If you're looking for a men's accountability group, then this one's for you. But you need to get serious about your relationship with God! You can't be afraid to have someone get in your face or check up on you, and you've got to be willing to commit to becoming what God intended — men of His Word and men of prayer!

Leader: Bill Young

Phone: 891.4745

Email: bill@experiencetherock.com

Meeting time: first Sunday of the month, 1:00 p.m. (and weekly emails)

Meeting place: Arby's, 10273 S 1300 E, Sandy

Childcare: No

**ROCK RECOVERY**

If you're struggling with an addiction or looking for support throughout your recovery, then please join this group! Our approach is fashioned after Alcoholics Anonymous and is solidly based on the Life Recovery Bible. Almost everyone in this group has each been delivered from one addiction or another, so addiction recovery is our passion and experience — and it can be yours too! You *can* be free, and you can *remain* free!

Leaders: Mel and Shawna Edwards

Phone: 636.6367 or 360.5291

Email: shawna\_edwards@comcast.net

Meeting time: Sundays, 1:00 p.m.

Meeting place: Provo building

Childcare: No

**CHRISTIANITY 101**

As a new believer, you may be overwhelmed by the life-changing decision you've just made. Exactly where does one begin this amazing journey? How does one start to mature in the Christian faith? Understanding Christianity is pivotal to how it should be reflected in our lives, and there are essential steps to move you forward toward spiritual growth. This small group will cover what the Bible says about the basic tenets of Christianity, including key principals pertinent to the life of any believer — salvation, baptism, church, prayer, reading the Bible, and more.

Leaders: Mike and Aimee Spaulding

Phone: 831.6834

Email: michaelspaulding31@yahoo.com

Meeting time: Sundays, 1:30 p.m.

Meeting place: 10951 S Sunup Way, South Jordan

Childcare: No

**SAVED: A BIBLE STUDY**

A person's decision to accept Jesus Christ as Savior is the most important moment in anyone's life. This in-depth study will review all the New Testament references to salvation and how one gets to heaven, including the difference between being saved and being sanctified. Through discussion of each verse in context, we'll examine how these verses affect and change our lives and lead us to our participation in heaven.

Leaders: Tony Rehmer and Tim Stephan

Phone: 944.3349 or 979.3691

Email: anthonyrehmer@yahoo.com or tstephan51@hotmail.com

Meeting time: Sundays, 2:00 p.m.

Meeting place: 8942 S Cobble Crest Lane, Sandy

Childcare: No

---

**GROUPS THAT MEET ON  
SUNDAY (CONT)**

### **THE TRUTH PROJECT**

A worldview is a framework through which we view and live life, and *The Truth Project* outlines the importance of having a biblical worldview. If you're serious about discovering truth, this DVD series covers philosophy, ethics, theology, science and more, taught by Del Tackett and featuring notable experts such as Ravi Zacharias, Os Guinness and R. C. Sproul. God's Word has given us the lens through which to view all of life, and *The Truth Project* prods believers to really evaluate not just what they say they believe, but what they actually live.

Leaders: Josh and Janna Heitland  
Phone: 598.1695  
Email: [heitland2@comcast.net](mailto:heitland2@comcast.net)  
Meeting time: Sundays, 3:00 p.m.  
Meeting place: 4657 Firmont Drive, South Jordan  
Childcare: Yes

### **MARRIAGE MATTERS**

Bill and Mary Young take a revealing look at what it means to have a lasting marriage in today's world. After more than 22 years of marriage, they speak openly and honestly about the hard work involved in a creative marriage and the lasting rewards of following God's plan. Using Gary Smalley's *I Promise* and *The DNA of Relationships*, you'll grow in areas such as communication, conflict resolution, financial responsibility, and effective parenting.

Leaders: Bill and Mary Young  
Phone: 233.8803  
Email: [bill@experiencetherock.com](mailto:bill@experiencetherock.com) or [mary4utah@aol.com](mailto:mary4utah@aol.com)  
Meeting time: Sundays, 3:00 p.m.  
Meeting place: 8716 S Ida Lane, Sandy  
Childcare: Yes

### **OUTREACH CLASS**

Do you have a friend or family member who is light years from Christ and you want so desperately to talk to them about salvation? Learn to share your faith using The Diagram presentation, a step-by-step method of sharing the Gospel utilizing over 40 memory verses. Don't miss this opportunity to be better equipped for reaching the lost!

Leader: Jim McFall  
Phone: 501.7899  
Email: [jimwebguy@msn.com](mailto:jimwebguy@msn.com)  
Meeting time: Sundays, 3:00 p.m.  
Meeting place: Sandy building  
Childcare: No

### **GOURMET FOR TWO**

Grow your marriage while enjoying good food with other couples! Meeting alternating Sundays at rotating locations, each couple will take turns planning a menu and everyone will participate in putting it together. By discussing marriage related topics during dinner, we'll build deeper friendships and stronger marriages while having good food and fun! Limited to four or five couples, but we'll help organize other groups if more people are interested.

Leaders: Isaac and Jenny Squire  
Phone: 944.1814  
Email: [isaacsq1@gmail.com](mailto:isaacsq1@gmail.com)  
Meeting time: alternating Sundays, 5:00 p.m.  
Meeting place: various  
Childcare: Yes

---

**GROUPS THAT MEET ON  
MONDAY**

**CUB SCOUTS**

Did you know The Rock Church has a Cub Scout troop? All boys between the ages of 6-10 are welcome, and dads are *strongly* encouraged to participate since we're a dad-led troop. In addition to learning numerous skills that will benefit the boys for life, they will develop leadership, courage, initiative, resourcefulness, personal values, and hearts of service. And it's an awesome father-son opportunity!

Leaders: Tony Rehmer and Jeff Porter

Phone: 944.3349

Email: anthonyrehmer@yahoo.com

Meeting time: alternating Mondays, 6:30 p.m.

Meeting place: Sandy building

Childcare: No

**BIO: QUENCH YOUR THIRST FOR LIFE**

What is BIO? BIO is an ongoing commitment to grow **B**efore God, **I**n community, and **O**n mission. In other words, BIO is life. Jesus promised us life — abundant life — but how do we find it? What does God do, and what's our part? This unique DVD series unlocks the biblical DNA necessary for spiritual momentum. Pastor Chip Ingram leads this discovery of who Jesus really is and how to quench your thirst for life.

Leaders: Andrew and Erica Hale

Phone: 483.1871

Email: anerishale@comcast.net

Meeting time: alternating Mondays, 7:00 p.m.

Meeting place: Sandy building

Childcare: Yes

---

**GROUPS THAT MEET ON  
TUESDAY**

**SAMSON SOCIETY**

This men's accountability group is intended to be a safe haven for men to come together and be 100 percent real about facing their addictions to porn, alcohol, drugs, sex, etc. And since no one conquers addictions alone, each man will be partnered with another in order to establish true, authentic brotherhood relationships through the confession of sinful behaviors. Be forewarned that we will *not* be shy about boldly proclaiming that Jesus Christ is the only answer for overcoming these addictions! So if you're tired of living in the squalor of sin, this group's for you.

Leader: Parrish Kunkel

Phone: 440.4426

Email: parrish@yourinspectionpro.com

Meeting time: Tuesdays, 7:00 p.m.

Meeting place: Sandy building

Childcare: No

**ANGLERS FOR CHRIST**

The Rock always has at least one small group that you'd never expect, right? This group is for first-time anglers and skilled anglers alike. Once a month we'll meet for Bible study and fellowship, in addition to 4-6 fishing tournaments that will offer a competitive and fun atmosphere as well as an opportunity to invite those who may not typically be interested in a "church" function. And for those who can work it into their schedule, we'll also embark on one or two extended fishing trips that will allow men to fellowship and build stronger bonds with each other.

Leaders: Dustin Carlson and Shane White

Phone: 518.8782 or 604.7272

E-mail: dustin@freemydollars.com or fishane@gmail.com

Meeting time: fourth Tuesday of the month, 6:30 p.m.

Meeting place: Sportsman's Warehouse, Midvale

Childcare: No

---

**GROUPS THAT MEET ON  
WEDNESDAY**

---

**CALM MY ANXIOUS HEART**

If you are a woman who feels like worry is ruling your life, or if you only trust God when things go right, this book study will help you focus on growing in faith and contentment as you learn to trust God completely and shed your burden of anxiety. Get to know other women as we come together to enjoy a casual time for moms to talk and work on mommy problems together — while the kids play!

Leader: Jesse Ortega  
Phone: 938.9950  
Email: the\_ortegas@comcast.net  
Meeting time: Wednesdays, 10:30 a.m.  
Meeting place: 199 Tj Circle, Sandy  
Childcare: No

**LAUGH YOUR WAY TO A BETTER MARRIAGE**

Did you know that men and women are different? Surprise! This hilarious, no-holds-barred DVD series by Mark Gungor is not for the faint of heart as it focuses on the vast and curious differences between the sexes, exploring the unique underlying dynamics between male/female relationships. Through topics such as *How to Stay Married and Not Kill Anybody*, you'll laugh and learn to make positive changes that will affect your marriage for life!

Leaders: Eric and Jami Karst  
Phone: 707.7717 or 440.1933  
Email: erickarst2000@yahoo.com or jamikarst@yahoo.com  
Meeting time: Wednesdays, 6:45 p.m.  
Meeting place: 3749 W Christy Hill Way (5340 S), Taylorsville  
Childcare: Yes (\$2 per child)

**OVERVIEW OF THE NEW TESTAMENT**

A trek through the New Testament is powerful and rewarding. Not only does it spell out the life of Christ and His death on the cross on our behalf, it's also chock full of solid Christian teaching that provides a practical road map for living the abundant life that He intended for us to live. Join us on our journey as we endeavor to accomplish and embody all that God has specifically called us to be.

Leaders: Gary and Sylvia McGuire  
Phone: 634.0502  
Email: garymcguire04@hotmail.com  
Meeting time: Wednesdays, 7:00 p.m.  
Meeting place: 8953 S Cobble Crest Lane, Sandy  
Childcare: No

**GROWING IN FAITH AND FELLOWSHIP**

Based on the model of the early church found in the book of Acts, this group will seek to better understand and effectively fulfill our roles within our church and communities by studying God's Word together and learning from one another in group discussion. We'll also share a group meal once a month (as well as a service project or two) as we seek to live out these concepts in our daily lives.

Leader: Dwight McDowell  
Phone: 613.8643  
Email: dowaitodesu@gmail.com  
Meeting time: Wednesdays, 7:00 p.m.  
Meeting place: Sandy building  
Childcare: Yes

---

**GROUPS THAT MEET ON  
WEDNESDAY (CONT)**

---

**PREPARING TO HEAR FROM GOD**

Most believers want to hear from God, but we need to know how to listen for His voice. This book study designed especially for women will take us on a journey to do just that. In her book *He Speaks to Me*, Priscilla Shirer provides a deeper understanding of the Holy Spirit based on Scripture and packed with practical examples from her own life. Develop a richer prayer life and a deeper relationship with Christ while learning how to comfortably share your experience with others.

Leader: Jolynn DeBry

Phone: 631.0605

Email: [jdebry@wellsfargo.com](mailto:jdebry@wellsfargo.com)

Meeting time: Wednesdays, 7:00 p.m.

Meeting place: 7769 S Wood Green Road, West Jordan

Childcare: No

---

**GROUPS THAT MEET ON  
THURSDAY**

---

**BAND OF BROTHERS**

This men's accountability group will focus on prayer, Bible study, exercise, spiritual growth, and setting goals, while understanding that men need each other to become better men as well as biblical men. And there's a great sense of comfort and security in knowing that you've got brothers who not only care for you, but will also tell you what you need to hear — whether or not you want to hear it!

Leaders: Tom Jackson and Jeff Porter

Phone: 870.2277 or 891.7776

Email: [tomjackson@steelencounters.com](mailto:tomjackson@steelencounters.com) or [drjnporter@msn.com](mailto:drjnporter@msn.com)

Meeting time: Thursdays, 6:30 a.m.

Meeting place: 1177 W Cody Circle, South Jordan

Childcare: No

**YOUTH GROUP**

Our parent-led youth group at The Rock is very unique and unusual. Yup, you read that right — it's primarily led by parents (which means it's not designed for you to drop off your kids as if they were going to hang out at the mall). We don't want to just assume that our kids will turn out alright; we want to be directly involved in grooming them to be men and women of God. Through Bible study, outreach opportunities, service projects, getaways and other fun stuff, we seek to develop teens who will bring joy to God *and* their parents as they are trained in righteousness.

Leaders: Bill Young and other parents

Phone: 891.4745

Email: [bill@experiencetherock.com](mailto:bill@experiencetherock.com)

Meeting time: Thursdays, 7:00 p.m.

Meeting place: Sandy building

Childcare: No

---

**GROUPS THAT MEET ON  
FRIDAY**

**BAND OF BROTHERS**

That's right — another men's accountability group. That's because men need other men in their lives to successfully live out the Christian life to which God has called us. We'll talk about struggles and find answers about how to deal with them from a biblical standpoint while striving to live the way God commands!

Leader: Andy Peterie

Phone: 897.6809

Email: andypeterie@hotmail.com

Meeting time: Fridays, 6:00 a.m.

Meeting place: Jim's Restaurant, 10640 S Holladay Park Drive, Sandy

Childcare: No

**LADIES' CRAFTS**

Anyone who lives in Utah knows that all ladies are required to be interested in crafts, right? I think it's a state law. So we're going to fellowship together and enjoy our hobbies while bringing Jesus into the mix. We'll build friendships by providing opportunities to meet new people in a nonthreatening atmosphere, and we'll also participate in several service projects — or you can just stop by to play some games. And bring your friends!

Leaders: Dawn McDowell and Sandie Lister

Phone: 541.9304 or 859.9804

Email: dawnmcd@gmail.com

Meeting time: second Friday of the month, 7:00 p.m.

Meeting place: Sandy building

Childcare: No

**BLESSED: THE JOYS AND REWARDS OF THE CHRISTIAN LIFE**

We've all been battered and bruised by the lies of this world. Unfortunately that takes a toll, and people often miss out on experiencing a life that can honestly be called "blessed." Knowing, believing, and laying hold of our blessings in Christ is essential to a faith that will sustain us throughout the years. This DVD series will encourage and challenge us to do just that, while showcasing that it only happens by complete reliance on the Lord.

Leaders: Andy and Deseri Peterie

Phone: 897.6809 or 897.6808

Email: andypeterie@hotmail.com

Meeting time: Fridays, 7:00 p.m.

Meeting place: 8740 S Ida Lane, Sandy

Childcare: No

---

**GROUPS THAT MEET ON  
SATURDAY**

**Boy Scouts**

Did you know The Rock Church has a Boy Scout troop? All boys between the ages of 11-17 are welcome, and dads are *strongly* encouraged to participate since we're a dad-led troop. In addition to learning numerous skills that will benefit the boys for life, they will develop leadership, courage, initiative, resourcefulness, personal values, and hearts of service — becoming men of character and men of God. And it's an awesome father-son opportunity!

Leaders: Chris Burt and Marcus Hall

Phone: 209.4872

Email: [chriswburt33@gmail.com](mailto:chriswburt33@gmail.com)

Meeting time: Saturdays, 10:00 a.m.

Meeting place: Sandy building

Childcare: No