

# NAVIGATING LIFE

Pastor Bryan D. Edwards  
bryan@trc.life

**A. Set the right \_\_\_\_\_**

Psalms 119:105

**B. Healthy in \_\_\_\_\_ of life.**

Proverbs 3:5-6

## THREE KEYS TO HEALTHY LIVING

**I. Healthy living begins with \_\_\_\_\_**

Psalms 46:10, John 17:3, 2 Corinthians 5:11, 2 Peter 3:18

**II. Healthy living is sustained by \_\_\_\_\_ with \_\_\_\_\_**

Romans 6:4, Ephesians 2:10, Philippians 1:6, Colossians 1:10, 2:6

**a. Strive to be \_\_\_\_\_**

Proverbs 1:5, Matthew 4:4, Ephesians 3:17-19, 2 Timothy 3:16

**III. Healthy living succeeds by \_\_\_\_\_ in \_\_\_\_\_**

Philippians 4:19

Additional Notes:

---

---

---

---

Resources:

- [www.trc.life/smallgroup](http://www.trc.life/smallgroup)
- [www.ligonier.org/blog/bible-reading-plans/](http://www.ligonier.org/blog/bible-reading-plans/)

# NAVIGATING LIFE

Pastor Bryan D. Edwards  
bryan@trc.life

**A. Set the right \_\_\_\_\_**

Psalms 119:105

**B. Healthy in \_\_\_\_\_ of life.**

Proverbs 3:5-6

## THREE KEYS TO HEALTHY LIVING

**I. Healthy living begins with \_\_\_\_\_**

Psalms 46:10, John 17:3, 2 Corinthians 5:11, 2 Peter 3:18

**II. Healthy living is sustained by \_\_\_\_\_ with \_\_\_\_\_**

Romans 6:4, Ephesians 2:10, Philippians 1:6, Colossians 1:10, 2:6

**a. Strive to be \_\_\_\_\_**

Proverbs 1:5, Matthew 4:4, Ephesians 3:17-19, 2 Timothy 3:16

**III. Healthy living succeeds by \_\_\_\_\_ in \_\_\_\_\_**

Philippians 4:19

Additional Notes:

---

---

---

---

Resources:

- [www.trc.life/smallgroup](http://www.trc.life/smallgroup)
- [www.ligonier.org/blog/bible-reading-plans/](http://www.ligonier.org/blog/bible-reading-plans/)