January 13 & 14, 2018

Healthy Parenting

(the early years)

Pastor Josh Whitney (josh@trc.life)

Seven Practices of Healthy Parents...

Psalm 127:3 Behold, children are a heritage from the Lord, the fruit of the womb a reward. 4 Like arrows in the hand of a warrior are the children of one's youth. 5 Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate.

A. Understand that children are an _____ from God.

Psalm 51:5 Behold, I was brought forth in iniquity, and in sin did my mother conceive me.

Genesis 8:21b ...the Lord said in his heart, "I will never again curse the ground because of man, for the intention of man's heart is evil from his youth."

B. Understand that children are ______ from birth.

Malachi 2:15 Did he not make them one, with a portion of the Spirit in their union? And what was the one God seeking? Godly offspring.

C. Understand that God wants godly marriages to raise

Proverbs 22:6 Train up a child in the way he should go; even when he is old he will not depart from it.

Ephesians 6:4 Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

D. Healthy parents train their children in the _____ and ____ of the God.

Psalm 103:13 As a father shows compassion to his children, so the LORD shows compassion to those who fear him.

E. Healthy parents ______ their children.

Hebrews 12:5 And have you forgotten the exhortation that addresses you as sons? "My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. 6 For the Lord disciplines the one he loves, and chastises every son whom he receives." 7 It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline? 8 If you are left without discipline, in which all have

participated, then you are illegitimate children and not sons.9 Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? 10 For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness. 11 For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

F. Healthy parenting includes ______.

Deuteronomy 6:6 And these words that I command you today shall be on your heart. 7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. 8 You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. 9 You shall write them on the doorposts of your house and on your gates.

G. Healthy parents ______ their children.

Luke 7:35 But wisdom is proved right by all her children.

2 Kings 17:15 They rejected his decrees and the covenant he had made with their ancestors and the statutes he had warned them to keep. They followed worthless idols and themselves became worthless. They imitated the nations around them although the Lord had ordered them, "Do not do as they do."

Additional Resources:

Teachings

Steve and Kathleen Nelson - Parenting Conference http://www.experiencetherock.com/messages/special/?enmse=1&enmse_sid=49 Mark Darling - Parenting Conference http://strongdisciple.com/marriage/getting-your-family-to-mars-series-1

<u>Books</u>

Shepherding a Child's Heart by Tedd Tripp Growing Up Whitney by Rick Whitney Premeditated Parenting by Steve Nelson Loving the Little Years by Rachel Jankovic Fit to Burst by Rachel Jankovic Parenting by Paul Tripp

Verses on Discipline

Proverbs 3:11-12, 12:1, 13:24, 15:5, 15:10, 19:18, 22:15, 23:13-14, 29:15, 29:17