Healthy Living, Part 7 February 10 & 11, 2018

How to Fight Fair

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Galatians 5:15 But if you bite and devour one another, watch out that you are not consumed by one another.

James 4:1 What causes quarrels and what causes fights among you? Is it not this, that your passions are at war within you?

"Works of the Flesh" sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, quarreling, anger, hostility, slander, gossip, conceit & disorder. [Galatians 5:19-21 & 2 Corinthians 12:20]

"Wisdom from Above" love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, pure, peaceable, gentle, open to reason, full of mercy, good fruits, impartial & sincere. [Galatians 5:22-23 & James 3:17]

A. In conflicts, believers shouldn't _____ to their

old, pre-Christian ways.

| B. Believers must read their Bible and pray every day to mind focused on God's | get their ——· |
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| C. In conflicts, believers must | |
| 1 Corinthians 13:4 Love is patient and kind; love does not envy or boast; 5 or rude. It does not insist on its own way; it is not irritable or resentful; 6 ir rejoice at wrongdoing, but rejoices with the truth. 7 Love bears all things, b things, hopes all things, endures all things. 8 Love never ends. | t does not |
| Luke 6:27 "But I say to you who hear, love your enemies, do good to those 28 bless those who curse you, pray for those who abuse you." | who hate you |
| 1 Peter 4:8 Above all, keep loving one another earnestly, since love covers sins. | s a multitude of |
| D. In conflicts, believers must control their | |
| James 1:19 Know this, my beloved brothers: let every person be quick to be speak, slow to anger; 20 for the anger of man does not produce the righted | |
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James 3:2 For we all stumble in many ways. And if anyone does not stumble in what he says, he is a perfect man, able also to bridle his whole body. 3 If we put bits into the mouths of horses so that they obey us, we guide their whole bodies as well. 4 Look at the ships also: though they are so large and are driven by strong winds, they are guided by a

very small rudder wherever the will of the pilot directs. 5 So also the tongue is a small member, yet it boasts of great things. How great a forest is set ablaze by such a small fire! 6 And the tongue is a fire, a world of unrighteousness. The tongue is set among our members, staining the whole body, setting on fire the entire course of life, and set on fire by hell.

| F. In conflicts, believers work toward |
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| Matthew 5:23 "So if you are offering your gift at the altar and there remember that your brother has something against you, 24 leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift." |
| Matthew 18:15 "If your brother sins against you, go and tell him his fault, between you and him alone. If he listens to you, you have gained your brother." |
| G. Believers must get wise, godly Christians involved in |
| 1 Corinthians 6:5 I say this to your shame. Can it be that there is no one among you wise enough to settle a dispute between the brothers, 6 but brother goes to law against brother, and that before unbelievers? |
| Matthew 18:21 Then Peter came up and said to him, "Lord, how often will my brother sin against me, and I forgive him? As many as seven times?" 22 Jesus said to him, "I do not say to you seven times, but seventy-seven times. 23 "Therefore the kingdom of heaven may be compared to a king who wished to settle accounts with his servants. 24 When he began to settle, one was brought to him who owed him ten thousand talents. 25 And since he could not pay, his master ordered him to be sold, with his wife and children and all that he had, and payment to be made. 26 So the servant fell on his knees, imploring him, 'Have patience with me, and I will pay you everything.' 27 And out of pity for him, the master of that servant released him and forgave him the debt. 28 But when that same servant went out, he found one of his fellow servants who owed him a hundred denarii, and seizing him, he began to choke him, saying, 'Pay what you owe.' 29 So his fellow servant fell down and pleaded with him, 'Have patience with me, and I will pay you.' 30 He refused and went and put him in prison until he should pay the debt. 31 When his fellow servants saw what had taken place, they were greatly distressed, and they went and reported to their master all that had taken place. 32 Then his master summoned him and said to him, 'You wicked servant! I forgave you all that debt because you pleaded with me. 33 And should not you have had mercy on your fellow servant, as I had mercy on you?' 34 And in anger his master delivered him to the jailers, until he should pay all his debt. 35 So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart." |
| H. Believers like God forgave them! |
| Additional Resources: If You Bite & Devour One Another by Alexander Strauch |

If You Bite & Devour One Another by Alexander Strauch
The Peacemaker: A Biblical Guide to Resolving Personal Conflict by Ken Sande
Unpacking Forgiveness: Biblical Answers for Complex Questions and Deep Wounds by
Chris Braun