

Blessing and Protection of Sex

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Proverbs 5:15 Drink water from your own cistern, flowing water from your own well. 16 Should your springs be scattered abroad, streams of water in the streets?

17 Let them be for yourself alone, and not for strangers with you. 18 Let your fountain be blessed, and rejoice in the wife of your youth, 19 a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love. 20 Why should you be intoxicated, my son, with a forbidden woman and embrace the bosom of an adulteress? 21 For a man's ways are before the eyes of the Lord, and he ponders all his paths. 22 The iniquities of the wicked ensnare him, and he is held fast in the cords of his sin. 23 He dies for lack of discipline, and because of his great folly he is led astray.

Proverbs 5:15 Drink water from your own cistern, flowing water from your own well.

1. Is your source of _____ pure?

Proverbs 5:16 Should your springs be scattered abroad, streams of water in the streets? 17 Let them be for yourself alone, and not for strangers with you.

2. The _____ of grass is in your bed with your spouse.

3. One of the key ingredients of sexual enjoyment is _____.

Proverbs 5:18 Let your fountain be blessed, and rejoice in the wife of your youth, 19 a lovely deer, a graceful doe. Let her breasts fill you at all times with delight; be intoxicated always in her love.

4. Are you _____ in the spouse God has given you?

5. _____ closeness flows into _____ closeness.

6. Will we trust _____ when it comes to our sexuality?

Proverbs 5:20 Why should you be intoxicated, my son, with a forbidden woman and embrace the bosom of an adulteress?

7. Do you believe _____ enhance rather than diminish sexual pleasure?

Proverbs 5:21 For a man's ways are before the eyes of the Lord, and he ponders all his paths.

8. _____, God sees everything you do.

Proverbs 5:22 The iniquities of the wicked ensnare him, and he is held fast in the cords of his sin. 23 He dies for lack of discipline, and because of his great folly he is led astray.

9. What form of _____ do you choose?

Resources for Further Study:

The Act of Marriage: The Beauty of Sexual Love by Tim & Beverly LaHaye

Sheet Music: Uncovering the Secrets of Sexual Intimacy in Marriage by Kevin Leman

Feminine Appeal: Seven Virtues of a Godly Wife and Mother by Carolyn Mahaney

Wired for Intimacy: How Pornography Hijacks the Male Brain by William Struthers

Sex in a Broken World: How Christ Redeems What Sin Distorts by Paul Tripp

A Celebration of Sex: A Guide to Enjoying God's Gift of Married Sexual Pleasure by Douglas Rosenau

Intended for Pleasure: Sex Technique and Sexual Fulfillment in Christian Marriage by Ed & Gaye Wheat