

# The Transforming One

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Three keys to unlocking a transformed life:

## I. Renew your \_\_\_\_\_.

### A. Christian, who do you \_\_\_\_\_ you are?

**Proverbs 27:3a NASB** For as he thinks within himself, so he is.  
**Romans 12:2** Do not conform any longer to the pattern of this world, but be transformed by the **renewing of your mind**.

### B. You can't say " \_\_\_\_\_ " to your essential nature.

**Q: Who do you \_\_\_\_\_ you are?**

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## II. Embrace your \_\_\_\_\_.

### A. Your essential being has been radically \_\_\_\_\_.

**2 Corinthians 5:17 NIV** Therefore, if anyone is in Christ, he is a **new creation**; the old has gone, the new has come!  
**John 3:5-7 5 NIV** Jesus answered, "I tell you the truth, no one can enter the kingdom of God unless he is born of water and the Spirit. 6 Flesh gives birth to flesh, but the **Spirit gives birth to spirit**. 7 You should not be surprised at my saying, 'You must be born again.'

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### B. Your true \_\_\_\_\_ will affect how you live. You are:

1. Child of God (1John 3:1-2)
2. A Saint of God (Eph 1:1)
3. God's Righteousness (2 Cor 5:21)
4. Righteous & Holy (Eph 4:24)
5. God's Workmanship (Eph 2:10)
6. Chosen, Royal Priesthood & Holy Nation (1 Pet 2:9)
7. New Creation (2 Cor 5:17)
8. Righteous by Faith (Phil 3:9)

**Q: Do your actions \_\_\_\_\_ your TRUE identity?**

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## III. Monitor your \_\_\_\_\_.

### A. Be \_\_\_\_\_ about what goes \_\_\_\_\_ to your brain.

**Philippians 4:8 NIV** Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—**think about such things**.  
**Ephesians 4:20-24 NIV** You, however, did not come to know Christ that way. 21 Surely you heard of him and were taught in him in accordance with the truth that is in Jesus. 22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

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### B. Be \_\_\_\_\_ with what you keep \_\_\_\_\_ of your brain.

**2 Corinthians 10:5 NIV** We demolish arguments and every pretension that sets itself up against the knowledge of God, and **we take captive every thought** to make it obedient to Christ.

**Q: Do you need to better monitor your \_\_\_\_\_?**

**Are you believing the \_\_\_\_\_ or brainwashing yourself with \_\_\_\_\_?**

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## IV. Conclusion: Don't be conformed, be \_\_\_\_\_.

**Romans 12:2 NIV84** Do not conform any longer to the pattern of this world, but be transformed by the **renewing of your mind**.

**Q: Have you been \_\_\_\_\_ ?**

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### Discussion Questions:

1. Psychology is the study of how what we think affects what we do. Describe how this practically plays out in your life in a positive way (and a negative way).
2. Did you have a nickname growing up? Was it positive or negative in your life?
3. Looking at the "Your Identity in Christ" statements and verses, which ones are most meaningful to you? Which are hardest to believe?
4. How do you practically monitor and stop the BAD things that come into your mind?
5. In what ways can you proactively put GOOD things into your mind?