

# Spiritual Blessings — Part One

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Ephesians 1:3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, 4 even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love 5 he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, 6 to the praise of his glorious grace, with which he has blessed us in the Beloved. 7 In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, 8 which he lavished upon us, in all wisdom and insight 9 making known to us the mystery of his will, according to his purpose, which he set forth in Christ 10 as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth.

1. Are we so \_\_\_\_\_ on earthly blessings that we can't see our spiritual blessings?

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2. Are you living like you are spiritually \_\_\_\_\_?

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3. God has \_\_\_\_\_ us.

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4. God has \_\_\_\_\_ us.

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5. God has \_\_\_\_\_ us.

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6. God has \_\_\_\_\_ us.

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7. God has \_\_\_\_\_ us.

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8. God has \_\_\_\_\_ us.

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9. God has \_\_\_\_\_ blessings for us.

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10. God has \_\_\_\_\_ us.

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11. God has promised to bring everything to \_\_\_\_\_ completion.

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12. Christian, what is your \_\_\_\_\_ in?

## **Additional Verses to Study:**

God is sovereign: John 6:44, Acts 13:48, Rom. 8:29, 1 Thess. 1:4, 2 Thess. 2:13

Man is responsible: John 3:16, Rom. 10:9-10, 14-15, Acts 1:8, Heb. 3:15, Acts 16:30-31

## **Discussion Questions:**

1. How has your understanding of "blessing" changed after this teaching?
2. Why do you think our culture focuses almost entirely on physical blessings?
3. What are some "symptoms" of living like you're spiritually broke?
4. How would you explain "spiritual blessings" to a non-believer?
5. What difference does it make to see yourself as a child of God rather than just a "servant"?
6. Where have you experienced God's grace "lavished" in your life?
7. What "slavery" has Christ freed you from personally?
8. Is there sin you struggle to believe is actually forgiven?
9. How would you explain life's "ultimate questions" from a biblical view?
10. How does knowing "it will all be united in Christ" change how you live today?
11. What's one spiritual blessing you need to start "spending" this week instead of letting it sit in the bank?

**Next Week's Message: Spiritual Blessings — Part Two  
(Ephesians 1:11-14)**